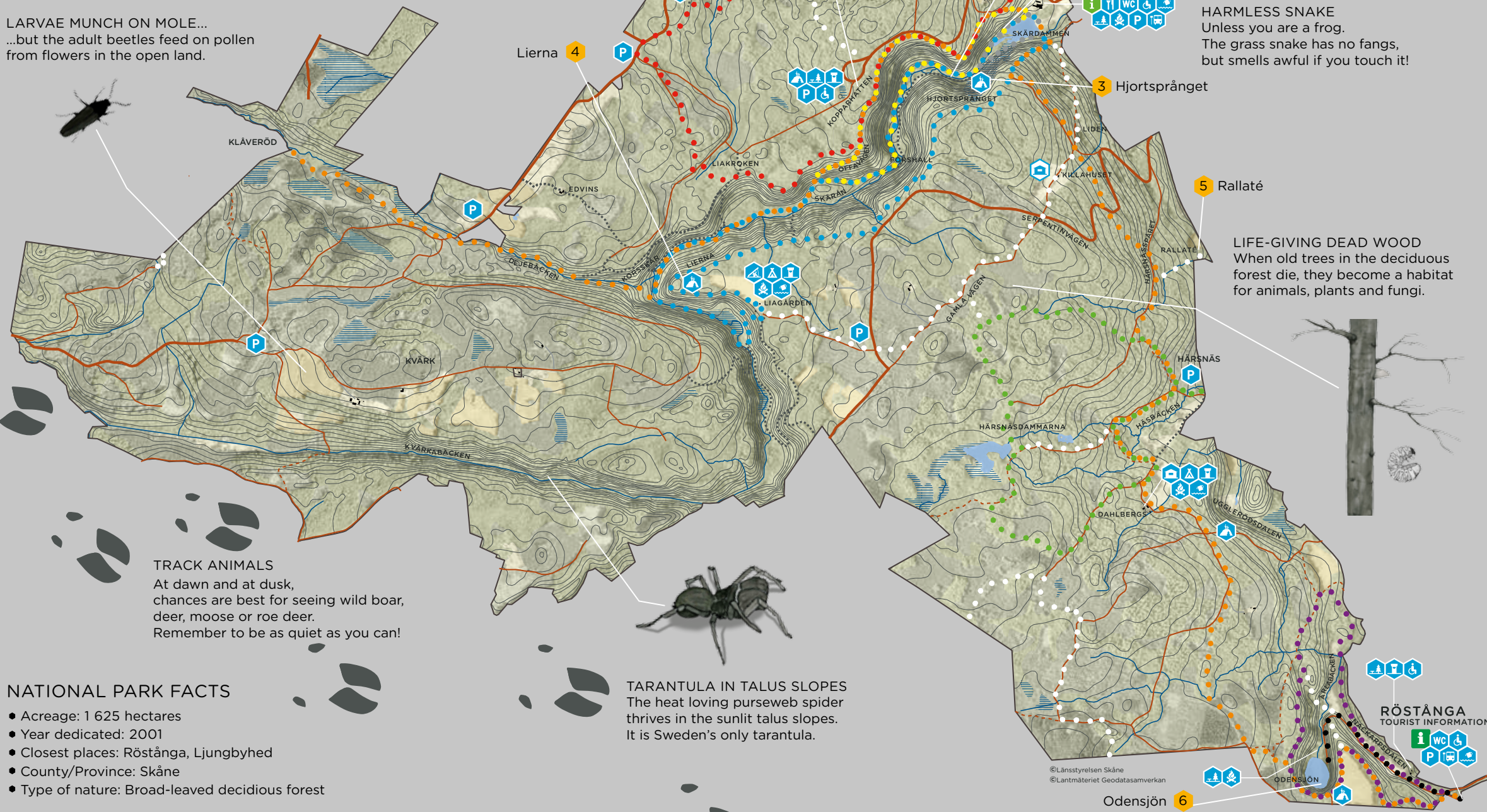


BROAD-LEAVED DECIDUOUS FOREST
OTHER FOREST
OPEN LAND
MARSHLAND
OPEN TALUS SLOPE

LARVAE MUNCH ON MOLE...
...but the adult beetles feed on pollen from flowers in the open land.



TRACK ANIMALS
At dawn and at dusk, chances are best for seeing wild boar, deer, moose or roe deer. Remember to be as quiet as you can!

NATIONAL PARK FACTS

- Acreage: 1 625 hectares
- Year dedicated: 2001
- Closest places: Röstångå, Ljungbyhed
- County/Province: Skåne
- Type of nature: Broad-leaved deciduous forest

TARANTULA IN TALUS SLOPES
The heat loving purseweb spider thrives in the sunlit talus slopes. It is Sweden's only tarantula.



HARMLESS SNAKE
Unless you are a frog. The grass snake has no fangs, but smells awful if you touch it!



LIFE-GIVING DEAD WOOD
When old trees in the deciduous forest die, they become a habitat for animals, plants and fungi.



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MARKED TRAILS				
LINK				
SKÄRDAMMEN RUNT.....		900 m	20 min	
KOPPARHATTSRUNDAN.....		4,0 km	90 min	
HJORTSPRÅNGSRUNDAN.....		7,7 km	180 min	
LIAKROKSRUNDAN.....		7,2 km	120 min	
ODENSJÖPROMENADEN.....		1,2 km	20 min	
NACKARPSRUNDAN.....		4,3 km	90 min	
HÄRSNÄSRUNDAN.....		4,9 km	90 min	
RÖSTÅNGA-SKÄRALID.....		7,0 km	120 min	
SKÄRALID-KLÄVERÖD.....		5,7 km	120 min	

TRAIL INFORMATION	
	CAR ROAD
	ROAD; CYCLING AND HORSE RIDING ALLOWED
	PATH; CYCLING AND HORSE RIDING ALLOWED
	FOOTPATH
	TRAIL FOR DISABLED
	HIKING TRAIL; EASIER
	HIKING TRAIL; MORE DIFFICULT
	DISTANCE
	TIME REQUIRED

KEY TO SYMBOLS	
	VISITOR CENTRE
	TOURIST INFO.
	RESTAURANT
	BUS STOP
	CAR PARK
	EARTH CLOSET
	WC
	WATER
	VIEW
	REST AREA
	TENT PITCH
	SHELTER
	REST CABIN; BY RESERVATION
	REST CABIN; OPEN
	FIRE PERMITTED
	FOR DISABLED

Hiking

In Skärälid:

Skärdammen runt (grey) 900 m, about 20 minutes.

Easy walk, adapted for disabled, around the Skärdammen pond.

Kopparhattsrundan (yellow) 4 km, about 90 minutes.

Relatively easy walk. Not suitable for strollers. Path goes into rift valley for 2 km then ascends towards Kopparhatten view point, through beech forest, before finishing at visitor centre. Height difference of 90 meter and includes a 200 step staircase.

Hjortsprångsrundan (blue) 7.7 km, about 180 minutes.

Some difficulties. Not suitable for strollers. Path goes into rift valley for about 4 km then ascends towards Liagården rest area and Lierna view point. Through beech forest, passing meadows on top of the mountain and Hjortsprånget (Dear leap) view point before descending towards visitor centre. Height difference of 90 meters.

Liakroksrundan (red) 7,2 km, about 120 minutes.

Relatively easy walk. Begins and ends with a 200 step staircase. Trail runs on top of the ridge through beech forest, past meadows and croft ruins. If you start your hike on top of the mountain, parts of the trail will be accessible with strollers. There are some difficult parts. Ask in the visitor centre for details.

At Röstånga:

Odensjö-promenade (black) 1,2 km, about 20 minutes.

Easy walk, adapted for disabled, that starts with a descent into and towards the Nackarp-valley. Meadows, pastures and beech forest.
Same way back.

Nackarpsrundan (purple) 4,3 km, about 90 minutes.

Relatively easy walk that starts with a descent into the Nackarp-valley. Not suitable for strollers. Paths goes past meadows and pastures in beech forest. Height difference of about 40 meters and with a beautiful view point of the Oden-lake.

Härsnäsranden (green), 4.9 km, about 90 minutes.

Easy walk through mixed deciduous forests. Most of trail can be accessible with stroller. There are some difficult parts. Ask in visitor centre for details.

Skåneleden - Ridge-to-ridge trail (orange), 14 km,

about 240 minutes through the national park. From Klåveröd in the north-west to Röstånga in the south-east passing Kopparhatten view point, Skärälid with visitor centre and restaurant and Oden-lake view points. Along the way in the beech forest you will see old crofts, pastures and meadows. Why not make a de-tour and stop at the volcano Rallaté or the Uggleröd-valley view point.